

English Coaching Service Memo



BCU Paddlesport Start Award - Notes for Trainers and Assessors

Aim:

The Paddlesport Start Award is designed to provide a framework for a paddler's first session. It is very much an encouragement award and can be used by coaches who offer taster sessions, or that first session of a series. It is an adult version of Paddlepower Start.

Craft:

The award is obtained by completing the syllabus in any style of paddlesport boat (including crew boats e.g. bell boats, Katakanu, K2/K4 etc).

Standard and Duration:

As the award is an encouragement award, providing the candidates complete each task in the syllabus, they can be awarded the certificate. Candidates should be able to achieve this in a basic starter session of about 2 hours.

Venue:

Any Sheltered/Very Sheltered Water Venue appropriate for an introductory session.

Administration:

The Paddlesport Start Certificates are purchased by assessors in bulk and issued directly to candidates. Contact your Home Nation Association Office for details. The cost of the Paddlesport Start certificates is £1. Bulk order rates are available to BCU Affiliated Clubs and Approved Centres.

Assessor Requirements:

BCU Level 1 Coaches and above (who have valid BCU membership, and Coach Update Status) are eligible to assess Paddlesport Start Award.

Further Details:

Please refer to the latest version of:

- BCU Paddlesport Start Syllabus (Current Version 1)
- BCU Start Award Guidance Notes (Current Version 4.1 May 2009)

Both available to download from <http://www.canoe-england.org.uk/tests-i-awards/personal-performance-awards/paddlesport-start-i-1-to-3-star/>

Lara Tipper
English Coaching Manager
2nd November 2009

"Helping & inspiring people to go canoeing"

British Canoe Union. Registered in England as a company limited by guarantee without a share capital. Reg. No. 1525484
Registered office: 18 Market Place, Bingham, Nottingham NG13 8AP
Tel - 0845 370 9500. Fax - 0845 370 9501. Email - coaching@bcu.org.uk. Website - www.bcu.org.uk